

Clinician Spotlight

Ina Schwob, MSW, LCSW-C

- Master's in Social Work from Wurzweiler
- > Counsels adolescents and adults focusing on emotional health and wellness
- Incorporates CBT, Mindfulness and other creative techniques including psycho drama, art therapy and sand tray therapy
- Certificate Advanced Trauma Treatment Level I and II, Institute for Advanced Psycho therapy
- Experienced in treating ADD, anxiety, depression, specialized focus in healing trauma and abuse
- > Daytime hours
- > BCBS, Medicaid and Medicare accepted

Currently Accepting New Clients

Call: 443-681-9150

Website: RCCBaltimore.com



Ina Schwob is a compassionate and caring social worker who empowers clients to internalize self-care and life skills.