

## Clinician Spotlight

## Joseph (Yosef) Tropper, MS, LCPC

- > Master's in Mental Health Counseling
- Works with teens, adults and families to transform mindsets to resiliency and success
- Experienced in treating anxiety, depression, addictions and emotional challenges using wide range of techniques including CBT, DBT, EMDR, Somatic Experiencing and Sensorimotor Psycho therapy interventions
- > Certified EMDR practitioner, Certified Hypnotherapist, EFT Couples Externship
- > Daytime and weekend hours
- > BCBS accepted

**Currently Accepting New Clients** 

Call: 443-681-9150

Website: RCCBaltimore.com



Joseph Tropper is a warm and creative therapist who specializes in helping clients gain motivation and deep insight leading to lasting changes in mindset and behavior