



## Recovery Counseling Center, LLC

7211 Park Heights Ave, Suite 4, Baltimore, MD 21208

Dr. Michael Freedman, LCSW-C, Clinical Director

[rccbaltimore.com](http://rccbaltimore.com)

**Thursday March 12, 2020**

From the Desk of  
**Joseph Tropper, MS, LCPC, CCTP**  
Director of Operations

### **Health Update**

Dear Valued Clients:

Many of you have asked us about a Coronavirus update. We strongly recommend: 1) remaining calm, 2) staying properly informed and 3) taking action to proactively protect yourself and your family. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention.html>. Below are some important updates and policy clarifications.

#### **1. ANYONE WITH SYMPTOMS - DO NOT ENTER**

In order to ensure for the safety of our clients and staff, if you have symptoms or have been exposed to anyone who may have the virus, do not enter our office until cleared by your doctor.

#### **2. OFFICE CLEANING**

We have taken all CDC recommended precautions and continue to clean the office per our regular cleaning standards. We have soap in the restroom and hand sanitizer in numerous locations. Please see the above CDC guide for more details about protecting yourself.

#### **3. STATUS OF OFFICE OPERATION**

Our office is open as usual as per CDC and Health Department standards. We will remain open as long as Baltimore County Public Schools are open. Updates here: <https://www.bcps.org/status/>. **No handshakes please.**

#### **4. TELE/VIDEO SESSIONS**

Many of our clinicians are now offering HIPPA compliant telehealth/video counseling sessions. Most insurance companies now recognize this service as the same as in person. Regular session fees and policies apply. More info can be found here: <https://doxy.me/patients>. Please be in touch with your therapist directly with any questions.

*Thank you for partnering with us to help keep our clients and staff safe. Please feel free to reach out if you have any questions or concerns,*

**Joseph Tropper, MS, LCPC, CCTP**  
Director of Operations/ Clinical Therapist & Supervisor  
Recovery Counseling Center, LLC  
443-929-1801 / [jtropper@rccbaltimore.com](mailto:jtropper@rccbaltimore.com)

443-681-9150

[rccbaltimore@gmail.com](mailto:rccbaltimore@gmail.com)

[rccbaltimore.com](http://rccbaltimore.com)

1-877-715-7229

Confidential counseling for children, teens, adults, couples and families